



SUN MON TUE WED THU FRI SAT **Q** Location / Contact



RECREATION AND PARKS DEPARTMENT

Columbus RecParks.com





Linden- Center for Opportunity

Older Adults Classes				Adult Cla	sses	Youth/Teen Classes			
DAY	DAY # CLASS NAME		BEGINS	ENDS	START	END	AGE	INSTRUCTOR	FEE
M-Sa	<u> </u>	Walking Track	4/12/2021	5/22/2021	9:00am	7:45pm	18+	N/A	Free
M-Sa		Fitness Room	4/12/2021	5/22/2021	9:00am	7:45pm	18+	N/A	Fitness Pass Required
M/W	77879	Beginners Pickle Ball	4/12/2021	5/19/2021	11:30am	12:30pm	50+	Mr. Hicks	Free
M-Th	77880	Youth Game Room Challenge	4/12/2021	5/20/2021	3:30pm	4:00pm	6-12 yr.	Mr. Logan & Mr. Matt	Free
		Youth Afterschool	. / /	- /22 /222					_
M-Th	77886	Program	4/12/2021	5/20/2021	3:45pm	5:00pm	6-12 yr.	Linden Staff	Free
M/W	77885	Teen Weight	4/42/2024	E /40 /2024	4.00	F 00	42.47		-
	77000	Training	4/12/2021	5/19/2021	4:00pm	5:00pm	13-17 yr.	Mr. Kevin	Free
N 4 E 10	77890	Teen Music/Video	4/12/2021	E /24 /2024	4.20.5.55	C.20	12 17	Common Music	F== 0
M-Fr	77929	Program Virtual Nutrition	4/12/2021	5/21/2021	4:30pm	6:30pm	12-17 yr.	Canvaas Music	Free
M	77929	Class	4/12/2021	5/17/2021	5:00pm	5:45pm	6-12 yr.	OSU Snap ED	Free
М	77891	TCI Tumble Club Beginner	4/12/2021	5/17/2021	5:00pm	6:30pm	6-14 yr.	The Cheer Institute	\$65 (PLAY eligible)
M M / / W W	77892	Adult Sewing	4/12/2021	5/17/2021	6:30pm	8:00pm	18+	Ms. Muhammad	Free
М	77892	TCI Tumble Club						The Cheer	
		Intermediate	4/12/2021	5/17/2021	6:30pm	8:00pm	6-14 yr.	Institute	\$65
М		Adult Sports Class	4/12/2021	5/17/2021	7:00pm	8:30pm	18+	Linden Staff	Sports Pass Required
		T							
Tu	77878	Creative Arts	4/13/2021	5/18/2021	10:30am	12:00pm	50+	Linden Staff	Free
Tu		Inclusive Sports	4/13/2021	5/18/2021	10:30am	11:30pm	50+	Linden Staff	Free
Tu/Th		Older Adult Sports Class	4/13/2021	5/20/2021	11:00am	12:30pm	50+	Linden Staff	Sports Pass Required
Tu/Th	77933	TRX Fitness Class	4/13/2021	5/20/2021	5:00pm	5:45pm	18+	Mr. Hicks	Free
Tu-Th	77935	Teen Game Room Challenge	4/13/2021	5/20/2021	5:30pm	6:30pm	13-17 yr.	Mr. Logan & Mr. Matt	Free
Tu	77902	Teen Expressive Arts	4/13/2021	5/18/2021	5:30pm	7:00pm	12-17 yr.	Ms. Lyn	Free
Tu/Th	77937	Youth Jr NBA Clinic	4/13/2021	5/20/2021	5:45pm	7:00pm	6-13 yr.	Coach Walker & Coach Del	Free
Tu	77940	Teen Round Table	4/13/2021	5/18/2021	6:00pm	7:00pm	13-17 yr.	APPS & Mr.	Free







Program Schedule



Linden- Center for Opportunity

					T	T	T	T	
		Podcast						Dovell	
Tu/Th	77943	Performing Arts (Acting)	4/13/2021	5/20/2021	6:00pm	7:30pm	8-14 yr.	Mr. Tyrell	Free
Tu/Th	77945	Artistic Essence	4/13/2021	5/20/2021	6:00pm	7:45pm	11-17 yr.	СРАА	\$45 (PLAY eligible)
Tu	77943	Youth Ceramics	4/13/2021	5/18/2021	6:30pm	8:00pm	6-14 yr.	Ms. Hannah	Free
Tu/Th	77903	Adult Open Volleyball	4/13/2021	5/20/2021	7:00pm	8:45pm	18+	Mr. Gabe	Sports Pass Required
14/	77047	1: 6	4/44/2024	E /40 /2024	40.20	42.00	F0.		
W	77947	Line Dance LifeCare Alliance	4/14/2021	5/19/2021	10:30am	12:00pm	50+	Volunteer	Free
W	77948	Grab/Go Meals	4/14/2021	5/19/2021	12:00pm	2:00pm	50+	Ms. Lamarr	Free
W	77950	TCI Pre-K Tumble Time	4/14/2021	5/19/2021	2:00pm	2:30pm	3-5 yr.	The Cheer Institute	\$20 (PLAY eligible)
W	77964	Urban Minority Outreach	4/14/2021	5/19/2021	5:00pm	5:45pm	6-12 yr.	Mr. Brandon	Free
W	77965	Girls Basketball Clinic	4/14/2021	5/19/2021	5:30pm	6:30pm	8-14 yr.	Ms. Lamarr & Del	Free
W	77969	Rise Up Yoga	4/14/2021	5/19/2021	5:30pm	6:30pm	18+	Ms. Lily	\$20
W	77970	3 on 3 Basketball Practice	4/14/2021	5/19/2021	6:45pm	8:45pm	14-18 yr.	Linden Staff	Free
					T	T	T		
T T	77971	Tai Chi Fusion	4/15/2021	5/20/2021	10:30am	11:30am	18+	Ms. Maggie	Free
Th	77972	Outdoor Rec	4/15/2021	5/20/2021	5:00pm	5:45pm	6-12 yr.	CRPD	Free
Th	77974	Teen Cared Straight	4/15/2021	5/20/2021	6:00pm	7:00pm	13-17 yr.	APPS Staff	Free
	77973								
Th		Teen Open Mic	4/15/2021	5/20/2021	6:30pm	7:30pm	13-17 yr.	Canvaas Music	Free
T T	77988	Adult Ceramics	4/15/2021	5/20/2021	6:30pm	8:00pm	18+	Ms. Hannah	Free
F F	77951	Open Pickle Ball	4/16/2021	5/21/2021	10:30am	12:00am	18+	N/A	Sports Pass Required
F	77951	Intro to Fishing	4/16/2021	5/21/2021	4:30pm	5:30pm	6-12 yr.	Linden Staff	Free
F		3 on 3 Basketball League	4/16/2021	5/21/2021	6:15pm	8:30pm	14-18 yr.	Linden Staff	Free











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	Sa		Fitness Room	4/17/2021	5/22/2021	9:00am	12:45pm	18+	N/A	Fitness Pass Required
		77949	Youth Speed &	4/17/2021	5/22/2021	9:00am	10:00am	6-12 yr.	Mr. Dovell &	F
	Sa		Agility Clinic						Mr. Jamon	Free
	Sa	77946	Rise Up Yoga	4/17/2021	5/22/2021	10:00am	11:00am	18+	Mr. Lily	\$20
		77941	Basketball	4/17/2021	5/22/2021	10:30am	11:30am	10-17 yr.	Mr. Ian & Mr.	Free
	Sa		Conditioning						Kevin	
	Sa	77939	Chess Club	4/17/2021	5/22/2021	11:00am	12:30am	6-12 yr.	Volunteer	Free
Sa	Sa	77938	African Dance	4/17/2021	5/22/2021	11:30am	12:30pm	18+	Volunteer	Free
	Sa	77936	Soccer Clinic	4/17/2021	5/22/2021	11:30am	12:45pm	6-12 yr.	Coach Edward	Free

ALL participants must be registered for each of these classes and actively participating. Everyone must wear a mask while in the center. Participants in a physical activity may take the mask off while participating! Registration and class dates/fees may be different than what is posted in this schedule. Please check the registration web site for the most up-to-date information! ALL classes and fees are subject to change without notice.

FITNESS ROOM:

We are now a part of the Recreation & Parks Department "Get Active" Fitness Rooms. Membership rates are as follows: \$15.00/session or \$60/year for ages 18-49: \$10.00/session or \$40/year for age 50+. Fees are payable to City of Columbus. Ages 14-17 must be accompanied by a paid parent/guardian to use the fitness room.

DROP-IN SPORTS PASS:

Good for any adult open play activities (Badminton, Pickle ball, Volleyball, Open Gym) at <u>ANY</u> CRPD center that offers these programs. Cost is \$10 per session (winter, spring, summer, fall 1, fall 2) and you must have an account and be registered and paid in order to participate! Please see the center staff if you have any questions!







Program Schedule



Linden- Center for Opportunity

Site Base Partners:

OHIO Women, Irlands, and Ohldren Program	WIC is a supplemental nutrition program for women (pregnant, postpartum and breastfeeding), infants and children up to 5 years old. WIC provides nutrition education, nutritious foods, and breastfeeding education and support.
∰# OhioHealth	Expand access to high-quality Women's Health and Primary Care clinical services for Linden residents regardless of ability to pay. Improve the health of the Linden population through addressing Social Determinants of Health via Care Management and Community Health Workers. Establish learning partnership with Linden Opportunity Center to grow clinical and Social programming to appropriately address needs of the community.
COlumbus CARE Coalition Community • Action • Resilience • Empowerment	When trauma happens to one, it happens to all of us. You don't have to heal from trauma alone. A social worker will connect you with resources based on your personal needs. For more information learn more at www.columbus.gov/CARE .
NATIONWIDE CHILDREN'S When your child needs a hospital, everything matters."	Healthy Neighborhoods Healthy Families (HNHF) focuses on creating positive health outcomes in the community. Our work with Economic Development is a crucial part of neighborhood revitalization creating the opportunity for residents to obtain stable employment at a livable wage. Essential career services are provided to unemployed and low-income residents. These services include individualized career planning, employment skills training, job placement, and retention services.
APPLYING PURPOSE AND PASSION TO SERVICE	Created in 2011, by former Mayor Michael B. Coleman, the mission of the APPS program is to reduce crime and violence by increasing protective factors in the lives of Columbus youth and young adults (ages 14-23) through proven prevention and intervention strategies. The initiative's prevention strategies include offering safe and constructive alternatives to violence while youth development professionals provide mentorship through enrichment activities at Linden Community Center.
CENTRAL OHIO AREA AGENCY ON AGING	COAAA arranges and coordinates services to help individuals with daily living such as homemaking, transportation, home delivered meals, and personal care. COAAA offers education and resources to caregivers, professionals, and the public and advocates for programs and policies that benefit older adults and individuals with disabilities
LINDYWANTEPCHINATION	The Lindy Infante Foundation is committed to leveling that playing field and ensuring that no young person misses out. The Infante Foundation will partner with the Linden community of the introduction of the sport of Lacrosse. Working to bring out the greatness in every child with a chance to play, grow and excel through sports.
gnvaa5	Develop a curriculum focused on music history and music genres. Teaching courses of recording basics, music and video production. Facilitate class sessions on instrumental and vocal development. Develop a class that focuses on current music distribution strategies including not limited to the releasing of music on streaming platforms.





